

DECLARATION OF LAUREN MEADE, M.D.

I, Dr. Lauren Meade, declare:

1. I am a board-certified internal medicine doctor 19 years of experience treating transgender patients. I am familiar with standard protocols for hormone therapy and its effects. A true and correct copy of my curriculum vitae is attached.
2. Gender dysphoria is a serious medical condition that, left untreated, can result in debilitating psychological harms, including anxiety, depression, suicidality, and other mental health issues. Without treatment, many people with gender dysphoria are unable to adequately function in occupational, social or other areas of life.
3. Gender dysphoria is a highly treatable condition. The standards of care for treating gender dysphoria are well-established.
4. Treatments include social transition, which enables a transgender person to live in a sex other than their birth sex, and hormone therapy to feminize or masculinize the body. It may also include various surgeries.
5. For many transgender women, hormone therapy is an essential, medically indicated treatment to alleviate the distress of gender dysphoria.
6. For transgender women, beginning hormone therapy as a teenager will mitigate the development of some unwanted secondary sex characteristics, such as the development of facial masculinization, heavy growth of facial and body hair, and substantially increased muscle mass. If hormone therapy is stopped, the development of these characteristics will resume.
7. Discontinuing hormone therapy for transgender women who have been on long term treatment poses serious medical risks, including both severe psychological distress and physical complications.
8. These risks include:
 - Intensified gender dysphoria
 - Increased risk of severe anxiety, depression, and suicidality due to intensified gender dysphoria
 - Rapid hormonal changes that trigger severe mood swings, anxiety, and depression
 - Loss of breast tissue and feminine fat distribution
 - Development or return of unwanted and potentially irreversible masculine secondary sex characteristics, such as facial masculinization, facial and body hair growth, and increased muscle mass.

9. Over time, the negative mental and physical health impacts of being denied care are likely to worsen and to result in debilitating distress.

10. For patients with a seizure disorder, sudden estrogen withdrawal, leading to the emotional distress outlined above, may create additional serious medical risks of lowered seizure threshold.

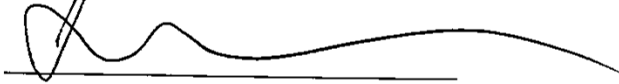
11. Based on my professional experience, terminating hormone therapy for a transgender woman constitutes a serious medical risk that can severely impact physical and mental health.

I declare under penalty of perjury that the foregoing is true and correct.

Executed on January 25, 2025

I declare under the pains of perjury that the foregoing is true and correct.

Signed this 25th day of January, 2025.

A handwritten signature in black ink, consisting of a large loop followed by a series of smaller, connected loops and a long horizontal stroke extending to the right.

Dr. Lauren Meade

Lauren B Meade, M.D.

Department of Medicine
 Baystate Health – High Street Health Center
 140 High Street
 Springfield, MA 01199
 (413) 794-1407
 lauren.meade@baystatehealth.org

Education

M.D., University of California at San Francisco, San Francisco, California	1990-1994
B.A., Biology (<i>cum laude</i>), Highest departmental honors Sigma Xi Honor Society Smith College Northampton, Massachusetts	1983-1987

Postdoctoral Training

Internal Medicine, Residency, Baystate Medical Center, Springfield, Massachusetts	1995-1997
Internal Medicine, Internship, Yale-New Haven Hospital, New Haven, Connecticut	1994-1995

Academic Appointments

Associate Professor Department of Medicine, Tufts University School of Medicine, Boston MA	2014-present
Assistant Professor Department of Medicine, Tufts University School of Medicine, Boston MA	1997-2014

Other Positions and Employment

Primary Care, High Street Health Center, Springfield, MA	1997-2016
Hospitalist, Baystate Medical Center, Springfield, MA	1997-2016
Substance Abuse Primary Care, High Street Health Center, Springfield, MA	2000-2013
Women's Health Primary Care, High Street Health Center, Springfield, MA	1997-2013
HIV Primary Care, High Street Health Center, Springfield, MA	1997-2011
Correctional Health, Hamden County Correctional Facility, Springfield, MA	2000-2007

Honors and Awards

Macy Faculty Scholars Award, The Josiah Macy Jr. Foundation	2013-2015
Massachusetts Medical Society Lesbian Gay Bisexual Transgender Award, Waltham, MA	2014
Fellow, American College of Internal Medicine, Philadelphia, PA	2014
Third Year Clerkship Faculty Recognition for Excellence in Teaching, Tufts University School of Medicine, Boston, MA	2013
Third Year Clerkship Faculty Recognition for Excellence in Teaching, Tufts University School of Medicine, Boston, MA	2012
Physician Spotlight, Baystate Medical Practice Bulletin, Baystate Medical Center, Springfield, MA	2011
Paul Winske Access Award, Stavros, Advocates for Independent Living, Springfield, MA	2011
Third Year Clerkship Faculty Recognition for Excellence in Teaching, Tufts University School of Medicine, Boston, MA	2009

Updated: December 11, 2018

Lauren B Meade, M.D.

Page 2 of 12

Oliver Wendell Holmes Stethoscope Award, Hamden District Medical Society, Holyoke, MA	2005
Third Year Clerkship Faculty Recognition for Excellence in Teaching, Tufts University School of Medicine, Boston, MA	2005
House Staff Recognition Award for Teaching in Excellence, Baystate Medical Center, Springfield, MA	2003
Award for Excellence for outstanding Achievement in HIV/AIDS, Between Family and Friends, Springfield, MA	2001
Third Year Clerkship Faculty Recognition for Excellence in Teaching, Tufts University School of Medicine, Boston, MA	2001

Educational Activities**Educational Leadership, Administration and Service**

Director of Clinical Learning and Development, Sound Physicians, Tacoma, WA	2016-2018
Director of Faculty Development and Engagement, Baystate Medical Center, Springfield MA	2013-2016
Director of Faculty Development and Engagement, The Wright Center Graduate Medical Education, Scranton, PA	2012-2016
Director of the Transitions of Care rotation, 20 residents per year	2006-2016
Associate Program Director, Internal Medicine Residency	2005-2016
Clinical Competence Committee, Internal Medicine (participant)	1997-2016
Residency Education Committee, Internal Medicine (participant)	1997-2016
Faculty Development Senior Hospitalist Educators, Baystate Medical Center, Springfield, MA	2011-2015
Program for Educators in Health Professions, Harvard Macy Institute, Faculty	2015
Co-Course Director, Academic Half Day, Internal Medicine Residency, Baystate Medical Center, Springfield, MA	2013-2014
Women's Health Track Director, Internal Medicine Residents	2000-2013
Women's Health Medical Student Clerkship Director	2000-2011
Tufts University School of Medicine Faculty Senate (participant)	2006-2009
Tufts University School of Medicine Clinical Faculty Subcommittee (participant)	2006-2009
HIV/AIDS lectures, 60 residents per year	1996-2006
Medical Clerkship Director, Springfield College Physician Assistant Students	1998-2000

Teaching Activities in Programs and Courses

Mortality and Morbidity Ambulatory Report, 60 residents per year; 3 hours/year; 3 1 hour small group teaching, Wright Center for Medical Education, Scranton PA	2012-2015
Tracer Rounds; 20 clerks/year; 20 residents per year; 80 hours/year; 2 hours per week, small group teaching	2005-2015
Palliative Care and Hospice, 60 residents per year	1999-2013
Mortality and Morbidity Ambulatory Report, 30 clerks/year; 60 residents per year; 48 hours/year; 1 hour per week small group teaching	2006 - 2011
Getting Energized, Baystate Academic Affairs, 300 residents	2010

Lauren B Meade, M.D.

Page 3 of 12

Women's Health Elective Clerkship; 1-3 clerks per year; 2-3 residents per year, 20 hours per clerk/resident; 2-4 week elective with exposure to office gynecology, breast cancer screening, gynecologic oncology, urogynecology, hospice, family planning and colonoscopy.	1998-2010
Diversity and Inclusion, Baystate Academic Affairs, 300 residents	2009
Transgender Health, Baystate Academic Affairs, 300 residents	2008
HIV/AIDS lectures, Springfield College Physician Assistant Program, 3rd year student	1996-2007
Sexual Harassment, Baystate Academic Affairs, 300 residents	2007
Women's Health Curriculum; 60 residents per year; 4 hours per year; 4 lectures per year, lecture topics including Sexually Transmitted Diseases, Contraception, Domestic Violence and Cervical Cancer Screening.	1996-2006
HIV/AIDS Curriculum; 60 residents per year; 4 hours per year; 4 lectures per year; lecture topics including acute HIV, HIV treatment, Opportunistic Infections, Sexually Transmitted Diseases and HIV medication adherence principles.	1996-2006
Substance Abuse Curriculum; 60 residents per year, 2 hours per year; 2 lectures per year on topics including alcoholism and narcotic addiction	1996-2004
Women's Health Journal Club; 1-5 residents per year; 6 hours per year; monthly journal club presentation.	1998-2002

Clinical Education**University of Massachusetts Medical School-Baystate, Springfield, MA**

Population Health Clerkship Academic Faculty, 1 st year, 4 students, 8 hours over 2 week clerkship	2019 - 2020
Ambulatory Precepting; 6 - 12 residents/year; 12 hours per week, High Street Health Center	2018-present
PURCH Medical Student, 1 st year, longitudinal preceptor, High Street Health Center, 32 hours per year	2018-2019
PURCH Medical Student, longitudinal 1 st – 4 th year, Capstone advisor, High Street Health Center, 12 hours per year	2018-2021

Tufts University School of Medicine/Baystate, Springfield, MA

Ambulatory Attending Rounds; prepared and delivered curriculum at a teaching conference at the academic health center for residents and medical students, Baystate Medical Center, High Street Health Center, 4 hours per week	1996-2016
Ward Attending Rounds; 8 clerks/year; 12 -24 residents per year, 32 hours per year; 1 hours session per day; prepared and delivered curriculum at a teaching conference	1997-2015
Women's Health rotation, 20 residents per year, 1-3 medical students per year	1997-2014
HIV/AIDS rotation, 1-2 residents per year, 2 fellows per year	1997-2006
Ambulatory Attending Rounds; 8 clerks/year; 60 residents per year, 52 hours per year; 1 hours session per week; prepared and delivered curriculum at a teaching conference	1997-2006
Tufts Medical School Continuity Program; 1 clerk/year; 10 hours/year; precepted 1 medical student for a full year of continuous learning about one high utilizer patient, Baystate Medical Center	2008-2009
Tufts Medical School Mentor Program, 1 clerk/year, 3 years/year; mentored 1 medical student in a formal curriculum for supporting their career goals, Baystate Medical Center	2006-2007

Lauren B Meade, M.D.

Page 4 of 12

Educational Development: Curricula and Educational Materials

Mortality and Morbidity curricula, Residents; Wright Center for Graduate Medical Education; Scranton, PA; Case based interactive Mortality and Morbidity review based in safety principles.	2012 - 2015
Tracer curricula, Residents; Baystate Medical Center, Springfield, MA; Experiential learning across the transition from hospital to post-acute care with focus on route cause analysis.	2005 - 2015
Women's health curricula, Residents; Baystate Medical Center, Springfield, MA; Topic based didactic lectures in Women's Health.	1996 - 2013
Ambulatory Mortality and Morbidity curricula, Residents; Baystate Medical Center, Springfield, MA; Case based interactive Mortality and Morbidity review based in safety principles.	2006 - 2011
HIV/AIDS curricula, Medical students, PA students, Residents, Fellows; Baystate Medical Center, Springfield, MA; Topic based didactic lectures in HIV/AIDS.	1996 - 2006
Substance abuse curricula, Residents; Baystate Medical Center, Springfield, MA; Topic based didactic lectures in substance abuse.	1996 - 2004
General Medicine curricula, Residents; Baystate Medical Center, Springfield, MA; Topic based didactic lectures in General Medicine.	1999 - 2004

Advising and Mentoring**Students**

Lindsay Rockwell, Internal Medicine Residency, Mentor/Advisor for a Women's Health Project, Medical Director of Hematology/Oncology, Cooley Dickenson Hospital, Northampton, MA	2000 - present
Kathleen McGraw, Internal Medicine Residency, Mentor/Advisor for a Women's Health Project, Chief Medical Officer, Brattleboro Hospitalist, Brattleboro, VT	1994-2004

Residents

Michael Rosenblum, Baystate Internal Medicine Resident, Career Mentor/Advisor Mercy Hospital, Program Director, Medicine	2001 - present
Anthony Poindexter, Baystate Internal Medicine Resident, Career Mentor/Advisor Tufts, Associate Program Director, Nephrology Fellowship	2001 - present
Patrick Mailloux, Baystate Internal Medicine Resident, Career Mentor/Advisor Tufts, Program Director, Critical Care Medicine	2001 - present
Raquel Belforti, Baystate Internal Medicine Resident, Career Mentor/Advisor Tufts, Associate Program Director, Medicine	2010 - 2013
Reham Shaaban, Baystate Internal Medicine Resident, Career Mentor/Advisor Tufts, Program Director, Medicine	2002 - 2005

Faculty

Wasique Mirza, Wright Center for Graduate Education Faculty, Career Mentor/Advisor Program Director, Wright Center for Graduate Education	2012 - present
Kathleen Suddarth, Alliance for Academic Internal Medicine, Career Mentor/Advisor Associate Program Director, University of Colorado	2008 - present
Aimee Kirsch Zaas, Alliance for Academic Internal Medicine, Career Mentor/Advisor Program Director, Medicine, Duke Medical School	2008 - present
Christine Bryson, Baystate Internal Medicine Faculty, Career Mentor/Advisor Associate Program Director, Baystate Medical Center	2000 - present

Lauren B Meade, M.D.

Page 5 of 12

Maria Maldonado, Alliance for Academic Internal Medicine, Career Mentor/Advisor
Vice-Chair of Diversity, Assistant Professor Medicine, Mount Sinai Hospital

2000 - present

Rebecca Andrews, UCONN Faculty, Career Mentor/Advisor
Ambulatory Clinic Director, UCONN Health Center

2013 - 2015

Investigation

Grants

Completed

Macy Faculty Scholars Grant: Lauren Meade, MD

2013-2015

"Training Internal Medicine Residents in a Safe and Effective Discharge from the Hospital."

Implemented an educational checklist for a safe discharge across 25 Internal Medicine programs. Total, direct & indirect costs: \$124,000 annually

Role: PI (50%)

Robert Wood Johnson & Kelly Aiken

2011-2014

"Care Transitions Educational Grant, Western Massachusetts Nursing Collaborative."

Consultant for a grant to improve care transitions through interprofessional practice and structured nursing education. Total, direct & indirect costs: \$225,000 annually

Role: Consultant (5%)

Tufts University School of Medicine Innovations in Education: Jasmine Paadam
"Medical Students in Transitions of care."

2012-2013

Implementing an experience learning curriculum for medical students to bridge the gap between the transition from hospital to home.

Total, direct & indirect costs: \$7,500

Role: Co- Principle Investigator (10%)

Tufts University School of Medicine Innovations in Education: Aleah Nesteby
"Increasing Competency in Transgender Care."

2012-2013

Description (1 sentence)

Total, direct & indirect costs: \$7,500

Role: Co- Principle Investigator (5%)

Baystate Health System Corporate Risk Management

2003-2004

"A Prospective Study of a Pharmacy Provider Intervention to Identify Medical Errors in the Ambulatory Setting."

Use of a pharmacy provider in an outpatient HIV multidisciplinary team to identify medical errors.

Total, direct & indirect costs: \$72,000

Role: Co-PI 10% (Developed and implemented research)

In progress

UMASS Interprofessiona Education Grant

"Title"

goal

Total, direct & indirect costs: ?

Role: Co-PI (Developed and implemented research)

Health Care Delivery

Leadership Positions

Co-Director Transgender Health, High Street Medical Center, Baystate Medical Center,
Springfield, MA

2006-present

Lauren B Meade, M.D.

Page 6 of 12

Medical Director HIV/AIDS, High Street Health Center, Baystate Medical Center, Springfield, MA 1997-2011

Certification and Licensure

Massachusetts State Medical License (*active*) 1994-present
American Board of Internal Medicine 1997-present

Clinical Discipline

General Internal Medicine, Hospital Medicine, Ambulatory Medicine, HIV/AIDS, Women's Health, Correctional Health, Substance Abuse 1997-present

Clinical Activities

Baystate Health, Primary Care, High Street Health Center, Springfield, MA, 44 weeks per year 2018-present
Baystate Medical Center, Springfield, MA, Hospitalist, 12 weeks per year 1997-2016
Baystate Medical Center, Springfield, MA, Primary Care, 36 weeks per year 1997-2016
Baystate Medical Center, Springfield, MA, Substance Abuse Primary Care, 4 hours per week; all year 2000-2013
Baystate Medical Center, Springfield, MA, Women's Health Primary Care, 4 hours per week; all year, 1997-2013
Baystate Medical Center, Springfield, MA, HIV Primary Care, 8 hours per week, all year 1997-2011
Hamden County Correctional Facility, Baystate Medical Center, Springfield, MA, Correctional Health, 4 hours per week; all year 2000-2007

Clinical Innovations, Safety, and Quality Improvement Projects

Scripts to go- discharge medications, Baystate Medical Center, Springfield, MA 2014-2016
Transfer summary report for skilled nursing facility, Baystate Medical Center, Springfield, MA 2008-2016
Medication Reconciliation, Baystate Medical Center, Springfield, MA 2000-2016
Reducing readmission from post-acute care, Baystate Medical Center, Springfield, MA 2008-2014
Assessment for visiting nursing care after discharge, Baystate Medical Center, Springfield, MA 2008-2010
Discharge summary electronic medical record template, Baystate Medical Center, Springfield, MA 2004-2006

Scholarship

Peer-reviewed publications

1. Fazio SB Cheda S, Hingle S, Lo MC, **Meade L**, Blanchard M, Hoellein A, Brandenburg S, Denton GD. The Challenges of Teaching Ambulatory Internal Medicine: Faculty Recruitment, Retention, and Development: An AAIM/SGIM Position Paper. Am J Med. 2017 Jan;130(1):105-110. 2017
2. **Meade L**, Suddarth KH, Jones RR, MD, Zaas AK, Albanese T, Yamazaki K, O'Malley CW. Patients, Nurses, and Physicians Developing a Discharge Direct Observation Tool. Acad Med. 2016 Oct;91(10):1388-1391. 2016
3. Ruddy MP, Thomas-Hemak L, **Meade L**. Practice Transformation: Professional Development Is Personal. Acad Med. 2016 May;91(5):624-7. 2016.

4. Denton GD, Lo MC, Brandenburg S, Hingle S, **Meade L**, Chheda S, Fazio SB, Blanchard M, Heollein A. Solutions to Common Problems in Training Learners in General Internal Medicine Ambulatory Settings. *Am J Med.* Oct;128(10):1152-7. 2015.
5. **Meade L**, Hall SL, Kleppel RW, Hinchey KT. TRACER: an 'eye-opener' to the patient experience across the transition of care in an internal medicine resident program. *J Community Hosp Intern Med Perspect.* 2015 Apr 1;5(2):26230. 2015.
6. **Meade L**, Todd CY, Walsh MM. Found in transition: applying milestones to three unique discharge curricula. *PeerJ.* 2015 Mar 5;3:e819. doi: 10.7717/peerj.819. 2015.
7. Thomas-Hemak L, Palamaner Subash Shantha G, Gollamudi LR, Sheth J, Ebersole B, Gardner KJ, Nardella J, Ruddy MP, **Meade L**. Nurturing 21st century physician knowledge, skills and attitudes with medical home innovations: the Wright Center for Graduate Medical Education teaching health center curriculum experience. *PeerJ* 2015 Feb 10;3:e766. 2015
8. Lobst W, Aagaard E, Bazari H, Brigham T, Bush RW, Caverzagie K, Chick D, Green M, Hinchey KT, Holmboe E, Hood S, Kane G, Kirk L, **Meade L**, Smith C, Swing S. Internal Medicine Milestones Journal of graduate medical education. 03/2013; 5(1 Suppl 1):14-23. 2013.
9. Caverzagie KJ, Lobst WF, Aagaard MD, Hood S, Chick DA, Kane GC, Brigham TP, Swing SR, **Meade L**, Bazari H, Bush RW, Kirk LM, Green ML, Hinchey KT, Smith CD. The Internal Medicine Reporting Milestones and the Next Accreditation System *Ann Int Med* 2013 Apr 2;158(7):557-9. 2013.
10. **Meade L**, Caverzagie KJ, Swing SR, Jones, RR; O'Malley CW, Yamazaki K, Zaas AK. Playing with milestones in the educational sandbox: Q-sort results from an educational collaborative. *Acad Med* 2013 Aug; 88(8):1142.8. 2013.
11. Heist K, Post J, Brandenburg S, **Meade L**. Milestones for Essential Ambulatory Care agreement of residents and attendings. *Am J Med.* 2013 Mar;126(3):270-4. 2013.
12. Leasure EL, Jones RR, **Meade L**, Sanger MI, Thomas KG, Tilden VP, Bowen JL, Warm EJ. There is no "I" in Teamwork in the Patient Centered Medical Home: Defining Teamwork Competencies for Academic Practice. *Acad Med.* 2013 May;88(5):585-92. 2013.
13. **Meade L**, Borden SH, McArdle P, Rosenblum MJ, Picchioni MS, Hinchey KT. From Theory to Actual Practice: Creation and application of milestones in an Internal Medicine Residency Program. *Med Teach* 2012; 34(9):717-23. 2012.
14. Heelon MW, Skiest D, Tereso G, **Meade L**, Weeks J, Pekow P, Rothberg MB. Effect of a clinical pharmacist's interventions on duration of antiretroviral-related errors in hospitalized patients. *American Journal of Health Systems Pharmacy* 2007; 64(19): 2064-2068. 2007.
15. Skiest DJ, Camelo-Piragua S, **Meade L**. Images in HIV/AIDS. "Painful oral ulcerations in a patient with AIDS." *The AIDS reader*; 16(10):531-2. 2006.
16. Heelon MW, **Meade L**. Methadone withdrawal when starting a Nevirapine containing antiretroviral regimen. *Pharmacotherapy* 1999; 19(4):471-472. 1999.
17. Topp, KS, **Meade L**, LaVail JH. Microtubule polarity in the peripheral processes of trigeminal ganglion cells: relevance for the retrograde transport of Herpes Simplex Virus. *The Journal of Neuroscience* 1994; 14(1): 318-325. 1994.
18. LaVail, JH, **Meade L**, Dawson CR. Ultrastructural immunocytochemical localization of Herpes Simplex Virus (type 1) in trigeminal ganglion neurons. *Current Eye Research* 1991; 10; 23-39. 1991

Non-peer-reviewed publications

1. **Meade L**, Grover J, Rudolph M. Speak out! Taking care of patients is what we do. Online comment. *Annals Internal Medicine* 2016 https://www.researchgate.net/publication/305082631_Non-peer_review_comment_in_Annals_of_Internal_Medicine_in_response_to_Mazor_KM_Smith_KM_Fisher_KA_Gallagher_TH_Speak_Up_Addressing_the_Paradox_Plaguing_Patient-Centered_Care_Ann_Intern_Med_2016164618. Accessed July 6 2016. Accessed July 9 2016.
2. Combs B, **Meade L**, Bollman K, Brandenburg S How to Incorporate High Value Care Curricula into Existing Educational Conferences *AAIM Insight.* 12(3)6-7 2014.
3. Ekpenyong A, Burday M, Delanoche N, Halvorson S, Raj J, **Meade L**. The AAIM Clinical Competency Committee Collaborative Learning Community. *AAIM Insight.* 13(3):18. 2015.
4. **Meade L**. Interview with Maria Maldonado, Leader in Diversity for Alliance of Academic Internal Medicine. <http://www.im.org/p/cm/ld/fid=805> Accessed on March 5, 2015.

5. Rosenblum MJ, Borden SH, McArdle P, **Meade L**, Picchioni MS, Stefan M, Hinchey KT. Baystate Medical Center EIP Workgroup. The Baystate Manager Model. Academic Internal Medicine Insight 2007; 5(2):18. 2007.
6. **Meade L**. Regulation of hydrogen peroxide synthesis in rat thyroid gland: a cytochemical study. Thesis. Smith College. 1987.

Invited Presentations

National

Seminar: Engaging your program in the culture change of direct observation. APDIM Spring Meeting. Houston, TX	April 26, 2015
Workshop: "Applying milestones to a safe and effective discharge: lessons from the Education Research Outcomes Collaborative." AAIM Fall Meeting. Washington, DC	Sept 11, 2014
"National networking with Academic Alliance for Internal Medicine" Grand Rounds, Wright Center, Scranton, PA	Aug 19, 2014
"High Value Care" Professor Day, Wright Center, Scranton, PA	June 4, 2014
"Program evaluation" Grand Rounds, Wright Center, Scranton, PA	Mar 26, 2014
"The struggling learner" Grand Rounds, Wright Center, Scranton, PA	Feb 12, 2014
"Transition of Care: TRACER" Grand Rounds, Wright Center, Scranton, PA	Dec 18, 2013
"Next Accreditation System" Grand Rounds, Wright Center, Scranton, PA	Nov 13, 2013
"Engaging the learner in Milestones and Competency Based Advancement" Grand Rounds, Wright Center, Scranton, PA	Oct 7, 2013
Workshop "Building Faculty Development into the Daily Activities of Our Teachers." APDIM Fall Meeting. New Orleans, LA	Oct 2, 2013
Workshop: "How to incorporate High Value Care Curricula into Existing Educational Conferences." APDIM Spring Meeting. Orlando, FL	Oct 2, 2013
Plenary Co-Moderator "Operationalizing NAS, EPAs, NAS Milestones, and Curricular Milestones." APDIM Spring Meeting. Orlando, FL	April 30, 2013
Workshop "Engaging Residents in the Milestones: Results of the Educational Research Outcomes Collaborative (E-ROC)." APDIM Spring Meeting. Orlando, FL	April 30, 2013
"Leadership and mentoring" Grand Rounds, Wright Center, Scranton, PA	April 24, 2013
"A Dozen Teaching Techniques" Grand Rounds, Wright Center, Scranton, PA	Mar 3, 2013
Workshop "Like a Flip Book: Serial Precepting in Essential Ambulatory Care" APDIM Fall Meeting. Phoenix, AZ	Oct 11, 2012
Plenary: Bringing it all home: EPAs to Narratives to Reporting. APDIM Fall Meeting. Phoenix, AZ	Oct 11, 2012
Plenary: How Do They Do This. "TRACER: Early Transitions of Care." APDIM Spring Meeting. Atlanta, GA	April 24, 2012
Workshop "Applying Milestones in training: lessons from a multi-center educational study." APDIM Spring Meeting. Atlanta, GA	April 24, 2012
"Teamwork in a Patient Centered Medical Home" Professor Day, Wright Center, Scranton, PA	Mar 21, 2012
Workshop "Lessons from Geese: Teaching Teamwork in a Patient Centered Medical Home." APDIM Fall Meeting. Anaheim, CA	Oct 20, 2011

Lauren B Meade, M.D.

Page 9 of 12

CDIM pre-course "Solutions to 21st Challenges in Medical Education" Susan Hingle, chair. Session "Competency based Assessment in Medical Residencies and How it Might be Applied to Medical Student Education" APDIM Fall Meeting. Anaheim, CA Oct 20, 2011

Workshop: "Lost or Found in Transition: Educational Innovation for Transitions of Care" APDIM Spring Meeting, Las Vegas, NV April 11, 2011

Pre-course Presenter: "Incorporating Milestones into Internal Medicine Residency Training: Innovations and Opportunities" Presentation "Early Projects Investigating Landmarks". APDIM Spring Meeting, Las Vegas, NV April 11, 2011

Plenary: "Milestones: Theory to Practice." ACGME Education Conference, Nashville, TN March 6, 2011

Workshop: "Kicking it up a notch...fundamental residency redesign in the new millennium." APDIM Fall Meeting, San Antonio, TX Oct 15, 2011

Workshop "Applying the Internal Medicine Milestones: Lessons of a Multi-Institutional Collaborative." APDIM Fall Meeting, San Antonio, TX Oct 15, 2011

Workshop: "CBME and Milestones: The EIP Pilot" EIP APDIM Spring Meeting, Baltimore, MD April 26, 2010

Workshop: "Fundamental Residency Redesign: Three Giant Steps". APDIM Spring Meeting, Baltimore, MD April 28, 2010

Regional

"Cookers, Cottons, and Compassion: An immersive medical student curriculum to explore the needs of persons who inject drugs" 2020 NEGEA Annual Conference, Burlington, VT April 30, 2020

"A Safe and Effective Discharge Curriculum Implemented in 11 Internal Medicine Programs" Society for General Internal Medicine, Massachusetts Chapter Annual Meeting, Waltham, MA April 12, 2015

Workshop: Relationship-based Interprofessional Education and Practice: Turning Challenges into Opportunities. Harvard Macy Institute 20th Anniversary Symposium. Educating to Innovate in Healthcare: Celebrating 20 Years of Innovation at the Harvard Macy Institute. Boston, MA. Harvard Medical School, Boston, MA. June 20, 2014

Workshop: "Sharing professional values for collaborative practice and IPE." Harvard Macy Institute, Program for Educators in Health Professions. Boston, MA May 19, 2014

Local

"NAS from punitive to restorative" Program Administrators and Education Coordinators Annual Retreat, Baystate Medical Center, Springfield, MA Oct 21, 2013

"State of the Art Development Series: Educational Innovation Project" Medicine Grand Rounds, Baystate Medical Center, Springfield, MA Dec 1, 2010

"Transgender Health: My Right Self" Medicine Grand Rounds, Baystate Medical Center, Springfield, MA Mar 10, 2010

"On Diversity to Inclusion" Medicine Grand Rounds, Baystate Medical Center, Springfield, MA Mar 11, 2009

Other Presentations, Posters & Abstracts**International**

Meade L, Benjamin E, Scavron J. Dying with AIDS: Issues Confronting a North American Community. 11th International Congress on Care of the Terminally Ill. Poster Montreal, Canada Sept 7, 1996

National

Lauren B Meade, M.D.

Page 10 of 12

Workshop. "The Quadruple Aim: Strategic Initiatives to Foster Engagement and Build Resilience Across the Continuum of Hospital Medicine." SHM Annual Meeting Las Vegas, NV accepted	May 1, 2017
Meade L , Katie Heist Suddarth, Ron Jones, Cheryl O'Malley, Kenji Yamazaki, Aimee Zaas. Advancement by Competence: Comparison of a Discharge Curriculum versus usual practice in multiple programs. Poster AAIM Fall Meeting. Atlanta, GA	Oct 8, 2015
Meade L , Katie Heist Suddarth, Ron Jones, Cheryl O'Malley, Kenji Yamazaki, Aimee Zaas. A safe and effective discharge curriculum implemented in 11 internal medicine programs. Poster, SGIM Annual Meeting. Toronto, Ontario Canada, April 22-25, 2015; SHM Annual Meeting. National Harbor Maryland, March 29 – April 1, 2015; and APDIM Spring Meeting. Houston, TX	April 2015
Gregg Novak, Jumea Barooah, Jignesh Sheth, Tiffany Elks, Meade L . AAIM Fall Meeting. The "PDSA Tracker": Promoting Resident CQI Project Completion and Hand-Offs. Poster, AAIM Fall Meeting, Washington, DC	Sept 11, 2014
Meade L , Jones R, Zaas A, Heist MD, O'Malley C, Day L, Willgerodt, M, Implementing Resident Training in an Internal Medicine Collaborative for a Safe Discharge from the Hospital. Harvard Macy Institute, Program for Educators in Health Professions. Poster, Boston, MA	May 19, 2014
Yamazaki, K; Albanese, T; Swing, S; Jones, R; O'Malley, C; Zaas, A; Caverzagie, K; , Heist, K; Meade L . How and when do learners advance by milestones, Poster, ACGME Annual Education Conference, Nashville, TN	Feb 27, 2014
Samavedam S, Meade L , Shantha G, Gollamudi LR, Gardner K, Gopavaram D, Thomas-Hemak L. Developing self-reflection in the Teaching Health Center resident: a milestones based portfolio. National Association of Community Health Centers, Poster, Annual Meeting, Chicago, IL	Aug 25, 2013
Shantha G, Gollamudi LR, Irukulla PK, Samavedam S, Sheth J, Ebersole B, Gardner K, Barooah J, Meade L , Thomas-Hemak L. Data Driven Residency Program Improvement Affirmation in a Teaching Health Center Consortium (THC). Poster, National Association of Community Health Centers. Annual Meeting, Chicago, IL	Aug 25, 2013
Thomas-Hemak L, Shantha G, Ebersole B, Meade, L . The Wright Center's Diversification of Graduate Medical Education (GME) Finances in a Teaching Health Center Community-Based Consortium. National Association of Community Health Centers. Poster, Annual Meeting, Chicago, IL	Aug 25, 2013
Yadav, S; Kleppel, R; Shaaban, R; Paadam J; Meade, L . Embedding the concepts of waste and systems failure reduction in an innovative quality curriculum for resident education. Poster, Society of Hospital Medicine's Annual Meeting, San Diego, CA	2012
Post J, Heist K, Brandenburg S, Meade L ; Sorting the Milestones: Can residents and attendings agree? Poster, ACGME Annual Meeting Orlando, FL	2012

Academic Service

Internal Administration and Service

Department of Medicine, Baystate Medical Center, Springfield, MA

Advancing and Achieving in Diversity Task Force (Chair), Baystate Medical Center, Springfield, MA	2014-2016
Lesbian Gay Bisexual Transgender Health Leadership Committee (Co-chair), Baystate Medical Center, Springfield, MA	2013-2016
Baystate Medical Center Medical Staff Administrative Affairs (participant), Baystate Medical Center, Springfield, MA	2011-2016

Lauren B Meade, M.D.

Page 11 of 12

Women Advancing and Achieving in Medicine (Chair), Baystate Medical Center, Springfield, MA	2003-2016
Committee for Quality Peer Review for Medicine (participant), Baystate Medical Center, Springfield, MA	2001-2016
Committee for Quality Peer Review for Ambulatory Medicine (Chair), Baystate Medical Center, Springfield, MA	2012-2014
Post-Acute Care Performance Improvement Team (participant), Baystate Medical Center, Springfield, MA	2005-2011

Professional Memberships and Activities

Society of Hospital Medicine	2015-present
<ul style="list-style-type: none"> Wellness Executive Committee (2016-2017) 	
American College of Physicians	1998-present
Massachusetts Medical Society	1997-present
American Medical Association	1997-present
Alliance of Academic Internal Medicine	2000-present
<ul style="list-style-type: none"> Collaborative for Healing and Renewal for Medicine (participant) (2014-2018) Collaborative Learning Community (chair) (2014-2016) Innovations Committee (participant) (2014-2016) Diversity and Inclusion Committee (participant) (2014-2016) Alliance of Academic Internal Medicine, Council (2013-2016) 	
Association for Program Directors in Internal Medicine	2005-present
<ul style="list-style-type: none"> Community Program Leaders Council (chair) (2015-2016) Educational Research Outcomes Collaborative (chair) (2008-2016) Spotlight Committee (participant) (2013-2015) Educational Innovations Program (EIP) (participant) (2005-2015) 	
Society for General Internal Medicine, Patient Centered Medical Home Medical Education Summit (participant)	2011
American Academy of HIV Medicine	2000-2004
Gay and Lesbian Medical Association	1999-2002

Editorial Responsibilities

Academic Medicine, reviewer	2011-present
Journal of General Medical Education, reviewer	2011-present
Medical Teacher, reviewer	2011-present

External Professional Service**National**

Internal Reviewer for the Medicine Residency (Consultant), Wright Center for Medical Education, Scranton, PA	2011
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Regional

Contract Advisory Committee (Participant), Baycare Health Partners, Springfield, MA	2013-2017
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Lauren B Meade, M.D.

Page 12 of 12

Healthcare Interprofessional Education of Pioneer Valley (Participant), Springfield, MA 2014-2016

Professional Development

Leading Innovation in Health Care and Education, Harvard Macy Institute, Boston, MA 2015

Executive Leadership Program, Alliance for Academic Internal Medicine, Cambridge, MA 2014

Program for Educators in Health Professions, Harvard Macy Institute, Boston, MA 2014